



Colvestone Primary School

Colvestone Crescent, London, E8 2LG

Soaring Skies
Federation

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Wednesday 9th December 2020

Dear parent or carer,

I am afraid we have been made aware this morning of a confirmed positive case of coronavirus (COVID-19) in Year 5.

We have followed national guidance and have identified that your child has been in contact with the affected child. In line with the national guidance, your child must stay at home and self-isolate until **Friday 18th December**. This is because the child concerned was last in school on Friday 4th December and the 14 day isolation period will therefore end on Friday 18th December. Your child will return to school on **Monday 4th January 2021** unless they develop symptoms of COVID-19.

Other members of your household **can continue normal activities** provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do **if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-homeguidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

I would like to emphasise that **unless** your child displays symptoms of COVID (see above), there is NO action required on your part.

A remote learning pack which will include a daily timetable and 'CGP' work books for maths and SPAG. Miss Bolton will be setting up a secure remote learning platform to deliver some lessons this week; details will be sent by text. Please ensure the office has a current e mail address for your child to access this provision.

Thank you for your support in these challenging times and I trust your child and your family remain unaffected by this virus.

Can I remind you that your child should return to school on **Monday 4th January 2021**, unless they develop symptoms of COVID-19.

Please do not hesitate to contact me (by telephone or e mail) if you have any questions.

Best wishes,

Wills Macfarlane
Head of School