

Colvestone Primary School

RHE Curriculum overview

Expectations at the end of Key Stage 1 Children should be able to answer the following questions:	Expectations at the end of Lower Key Stage 2 Children should be able to answer the following questions:	Expectation at the end of Upper Key Stage 2 Children should be able to answer the following questions:
<p><u>Relationships:</u> Who is in my family? What does my family do for me? What makes a good friend? How should I treat my friends? What is bullying and what can I do about it?</p> <p><u>Health and Wellbeing:</u> Where do babies come from? How have I changed since I was a baby? How are other children similar or different to me? Why are girls' and boys' bodies different? What do we call the different parts of girls' and boys' bodies? Who can I ask if I need to know something? Who can I go to if I am worried about something or feel unsafe? What things do I need to keep safe and healthy? <u>Living in the Wider World:</u> What can people do with money? How can I look after other people? How can I look after the wider world? What different jobs do people do?</p>	<p><u>Relationships:</u> Why might friendships change? How can I be a good friend? What are some of the bad ways people can behave towards one another? How do I know if I am being bullied and what can I do about it? Why are some parents married and some not? Why don't all families look the same?</p> <p><u>Health and Wellbeing:</u> How and why is my body changing? How do boys and girls grow differently? Why are we all different? Is it ok to be different? What makes good and bad feelings? How can I tell how other people are feeling? What are good habits for looking after my growing body? What do I do if someone wants me to do something dangerous, wrong or makes me feel uncomfortable? How do different animals have babies? What happens when you get older?</p> <p><u>Living in the Wider World:</u> What is a community? What is my role in a community? What is the difference between good and bad choices? How might my choices affect people around me? How might my choices affect the environment</p>	<p><u>Relationships:</u> What are the important relationships in my life now? What is love? How do we show love to one another What are the different kinds of families and partnerships? What should I do if someone is being bullied or abused? Can relationships be harmful? How can I say 'no' to someone without hurting their feelings?</p> <p><u>Health and Wellbeing:</u> What is puberty? Does everyone go through it? What changes happen during puberty to boys and girls? How can I look after my body now I am going through puberty? How can girls manage periods (menstruation)? How will my body change as I get older? What kinds of feelings come with puberty? How can I cope with these different feelings and mood swings? How does a baby develop? How is it born? Where can I find information about puberty? How can I find reliable information about these things safely on the internet?</p> <p><u>Living in the Wider World:</u> What jobs might I like to do? What things might I need to do to get that job? What things can I do to earn money safely? How can I save money? Where can I keep my money? What is the media? Should I believe everything I read online? What things can I share on social media? What should I do if I see something inappropriate online? Can I believe everything I see on TV about perfect bodies/relationships/girls and boys... to be true?</p>